

Women of the Crest



Potomac Crest Baptist Church Women's Ministry Newsletter

Welcome to the PCB Women's Ministry's first Newsletter! We pray that you will find it fun, informative and useful. It will be a bi-monthly production, full of articles from your ministry team members as well a regular submission by our first lady Deb Duty.

We have a Name! The leadership team met on Oct. 19th and voted on the name 'Women of the Crest'. We are very excited to formally have a name (and a beautiful crest!) for our women's ministry. The Women of the Crest's theme for 2009 is "Being Heirs Together of the Grace of Life".

If you have any topics you would like to see addressed in future issues, please talk to any ministry member and we'll do our best to meet your needs. And by the way, how do you like our look? We're trying this format on for size and may alter it for future issues, so we'd love your feed back.

"Reflections of the Heart" from Deb Duty

God, Are You There?

Have you ever asked this question and waited for God to say something? I think most of us can say we have asked this particular question of God many times throughout our lives.

I love the Old Testament stories when God speaks and how each person could actually hear His voice! I have asked God many times if I could have a burning bush experience like Moses or to have an encounter with Him as Elijah did.

When we are hurting and our hearts are torn we so desperately want to hear from God. We feel God is silent as our world is crashing in on us. I can tell you He is there!

God chooses the time and the way He speaks to each of us.

During the past year I have had so many questions for God and have begged Him for the answers I needed and He spoke, only not when I wanted or expected.

But, why did it take so long for God to give me the answers I so desperately needed? Could it have been that I was not in a place to hear His voice?

Elijah humiliated the prophets of Baal and then slaughtered them. He then found himself hiding in a cave fearing for his life. There was an earthquake, a great wind and a fire, but God was not in them. It was after these mighty

things that God whispered to Elijah.

The tomb was empty and Mary was desperately looking for her Lord. There He was right in front of her talking to her and she did not know it was Jesus. How could that be? It was not until He spoke her name that she knew who she was talking to.

God knows the perfect time to speak to us so that we will know it is actually Him. We have to be in a place that we can hear Him. During the pain and chaos, our hearts may not allow us to hear God's voice... so He waits to whisper in that quiet moment and we know it is Him!

God spoke to me in a quiet moment and He gave me the answers that I had been desperately seeking. I did not hear His thunderous voice nor did I see Him, but He spoke none the less! My heart found that place and God showed His mercy to me.

I want you to know that the same thing is available to you. You too can hear God. How? Simply wait upon the Lord, He will speak and tell you great and mighty things that you do not know. Also, BE STILL and know that He is God. He IS there!

Praying for you...
Deb



Upcoming Events

November 8, Women's Breakfast - 9:00 - 11:00 a.m., in the fellowship hall. All women of Potomac Crest are welcome to come. Please bring a dish to share and recipe.

November 23, Baby Shower - 12:30 - Hosted by Cindy Fox for Ashley Whorley, all Potomac Crest Women are invited. Please bring finger food to share. Ashley is registered at Babys R Us. See Cindy for details.

December 7, Tea/Cookie Exchange - Immediately after morning service. Finger food will be served by WOC team. Each lady is to bake 48 of one type of cookie which equals 4 dozen. Make-up 24 bags of 2 cookies each. Please attach your favorite scripture verse to or in the bags. Make sure you bring a bag, basket or tin to take home the cookies that you receive. Please R.S.V.P. by 12/10 to Lisa Qualls 703-580-8654 or at Leesue40@hotmail.com or Deb Duty 703-491-4162

December 13, Women's Breakfast - 9:00 - 11:00 a.m., in the fellowship hall. All women of Potomac Crest are welcome to come. Please bring a dish to share

Cook Book Submissions - TJ Wheeler and Anita Hampton want your recipes, on paper or email whichever you like. Pictures and stories are welcome. To have the cookbook this spring we need your entries asap! Send to TJ at przmuzk@comcast.net or Anita at amhamp@comcast.net.

Shop-a-holics Rejoice!



Blessed—*happy, fortunate, to be envied*.
Do these words describe you? Do they make you smile at the thought?

If you know without a doubt you are blessed being called a child of God, these qualities are inherent to your shop-a-holic personality. My sister always teases me saying I need a twelve-step program for my shopping addiction. As I firmly believe you can never have enough shoes, it made me think about my habits (thinking about, pondering and dreaming of shopping) and what it must look like to those who don't share my passion. What I see as normal everyday tendencies may seem a bit extreme, so I've committed myself to two of the twelve steps: to admit I have a passion for shopping and to refrain from letting all those wonderful bargains pass me by!

You know you are a shop-a-holic when...

- ❖ You go to bed with the sales paper under your pillow dreaming of all the great bargains you'll get at the store.
- ❖ You wake up at the crack of dawn to get dressed and stand in line at the mall with the other two hundred early-risers waiting for the stores to open!
- ❖ You have so many shopping bags you're too embarrassed to bring them all in the house so you leave most in the truck, take two bags in with you and the rest when nobody is looking!
- ❖ Your husband comments on an outfit you are wearing and you say, "This old thing? It's been in my closet for a year", and you still have the price tag hanging on the sleeve!
- ❖ You have buyer's remorse feeling guilty for not buying the same shoes in all ten colors!

I laugh as I write this because I've lived every one of these! Thankfully God is merciful and must have had a great laugh at my expense. Each of these instances taught me valuable lessons about shopping (searching Him on purpose) and embracing my shop-a-holic personality. With a few adjustments in my good fashion sense and some divine inspiration, I'm now taking positive steps to be more fruitful and prosperous in my endeavors. My aim is to know God and to live knowing him in a real and

personal way. This is my declaration and the basis for my addiction. Whew! I feel much better now. I think I'm cured!

You know you are a shop-a-holic for God when...

- ❖ His Word is what you put under your pillow, what you meditate on and what comes to mind when you wake up and smell the coffee!
- ❖ You wake up dressed and ready for service—not too early to miss the blessing but just in time to be a blessing and to be blessed in the blessing!
- ❖ He gives you infinitely more than you could ever hope, dream or desire and you can't find enough places to put it all; choosing to take everything to the dwelling place (his Temple) to abide in his joy!
- ❖ When your husband comments on your clothing and you say, "It's something new I found while shopping in the Promise Land", and the tag hanging on your sleeve is a note from Jesus saying He left to prepare a place for you, promising to come back and take you with him!
- ❖ When you realize buyer's remorse is not part of your vocabulary in relation to spending priceless time with the Lord, and in refusing to buy into Satan's clever schemes to separate you from God.

Proverb 23:23 says, "*Buy the truth and do not sell it; get wisdom, instruction and understanding.*" Let this be your persona (evident or public personality); one who rejoices in buying truth (searching Him on purpose), cashing in on the glorious rewards (gaining wisdom, instruction and understanding), and living (wholeheartedly) to tell about it!

"Blessed (happy, fortunate, to be envied) are they who keep his testimony, and who seek, inquire for and of Him and crave Him with the whole heart." Psalm 119:2 TAB



Exerts from G*S.t.y.l.e
Shop-a-holics Guide.

submitted by Lisa Hampton-Qualls

Thank you so much for your time and attention. We hope you found this newsletter useful. If you have in questions, or comments please contact our editor Tina Heiby or go to our web page at www.potomaccrestbaptist.com and click the PCBC Women tab. And yes, a web copy of this newsletter will be coming there soon!

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